A participle is a root-form (of verb) that can be used as

1. to create verb tense
2. an adjective, or
3. create the passive voice

1 To create verb tense

Present participles

Past participles

2 An Adjective

Root	Present Participle	Past Participle
to rise	the rising sun	the risen sun
to cook	the cooking veggies	the cooked veggies

Present Participle example: A laughing man is stronger than a suffering man (by Gustave Flaubert)

Past Participle example: A swollen eye is God's way of telling you to improve your interpersonal skills

Participle Phrase example: The man ***carrying*** the bricks is my father

3 Form the passive voice

the cake was eaten this morning

Having heard the news, he quickly sold the house